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#### A FEW WORDS FROM

Bishop Charlene M. Jamison, North Carolina Diocese Jurisdictional Prelate

The Significance of the Seven Last Words of Jesus on the Cross



The seven last words of Jesus Christ on the cross hold profound significance for believers, speaking of the essence of His sacrifice and the hope it brings. Each statement, uttered in His final moments, offers a unique insight into His divine nature and the transformative power of His love. Remembering these words is crucial for every believer, as they serve as a source of strength, comfort, and guidance in overcoming life's challenges.

# 1. "Father, forgive them, for they do not know what they are doing." (Luke 23:34)

Jesus' first words on the cross are a powerful testament to His boundless compassion and forgiveness. Despite the immense suffering He endured, He prayed for the forgiveness of those who crucified Him. This act of mercy underscores the importance of forgiveness in the Christian faith. For believers, it serves as a reminder that no matter the wrongs committed against us, we are called to forgive others, just as Christ forgave us. This ability to forgive can liberate us from the chains of bitterness and resentment, enabling us to overcome personal conflicts and find peace.

# 2. "Truly I tell you, today you will be with me in paradise." (Luke 23:43)

These words, spoken to the repentant thief, highlight the promise of salvation and eternal life. Jesus assures the thief that despite his past, his faith has secured him a place in paradise. This promise is a cornerstone of Christian belief, offering hope and assurance that no matter our past mistakes, sincere repentance and faith in Christ can lead to redemption. For believers, this serves as a powerful reminder that our ultimate victory over sin and death is secured through Jesus' sacrifice.

# 3. "Woman, here is your son," and to the disciple, "Here is your mother." (John 19:26-27)

In this moment, Jesus entrusts the care of His mother, Mary, to His beloved disciple, John. This act of love and responsibility emphasizes the importance of community and caring for one another. It reminds believers that even in times of personal suffering, we are called to look beyond ourselves and support those around us. This sense of community and mutual care can be a source of strength and encouragement, helping us to overcome isolation and adversity.

# 4. "My God, my God, why have you forsaken me?" (Matthew 27:46)

Jesus' cry of abandonment reflects the depth of His suffering and the weight of humanity's sins that He bore. This moment of profound anguish resonates with believers who experience feelings of abandonment and despair. It serves as a reminder that Jesus fully understands our suffering and is with us in our darkest moments. Knowing that Christ endured such pain for our sake can provide comfort and the strength to persevere through our own trials.

# 5. "I am thirsty." (John 19:28)

This simple statement underscores Jesus' humanity and the physical agony He endured. It reminds believers that Jesus, though divine, experienced the full range of human suffering. This identification with our pain and struggles reassures us that He truly understands our needs and weaknesses. In times of physical or emotional hardship, we can find solace in knowing that Jesus empathizes with our suffering and is present to sustain us.

# 6. "It is finished." (John 19:30)

With these words, Jesus declares the completion of His mission to redeem humanity. This statement signifies the fulfillment of God's plan for salvation and the ultimate victory over sin and death. For believers, it is a powerful affirmation that the work of salvation is complete and that we are no longer bound by the power of sin. This assurance empowers us to live in the freedom and victory that Christ has secured for us, enabling us to face life's challenges with confidence and hope.

# 7. "Father, into your hands I commit my spirit." (Luke 23:46)

Jesus' final words express His total trust and surrender to God. This act of faith and submission serves as a model for believers, encouraging us to place our lives in God's hands, especially in times of uncertainty and fear. By entrusting ourselves to God's care, we can find peace and strength to overcome any situation, knowing that He is in control and will guide us through.

The seven last words of Jesus on the cross serve as a deeply inspirational source of strength for all believers. They express His sacrifice and the hope it imparts, reminding us of the power of forgiveness, the promise of salvation, the significance of community, and the comforting assurance of God's presence in our lives. By internalizing and contemplating these words, we can gather the strength and courage to navigate any challenge, firmly believing in the victory that Christ has secured for us.

Let us continue to be the example, as we look at the Example.

This ministry project has been prayerfully crafted to inspire each reader, serving as a reminder of the significant sacrifices made by Jesus Christ for our redemption. May it illuminate your understanding of the depth of His love and grace.

Throughout history, few figures have embodied the concept of endurance as profoundly as Jesus Christ. His sacrifice on the cross is not merely a historical event; it represents an act of unparalleled love and resilience. When we contemplate the immense suffering he faced, we are reminded of the strength it takes to endure adversity. Jesus bore the hardness of the cross, a symbol of suffering so that we might truly - **L**ive **In V**ictory **E**veryday.

This powerful message invites us to reflect on our own lives. In a world filled with challenges and hardships, we often find ourselves facing our own metaphorical crosses. Yet, just as Jesus overcame His trials, we too are called to rise above our struggles. Each day presents us with an opportunity to embrace this victory, transforming our challenges into stepping stones towards growth and fulfillment.

Let us not forget that the essence of living victoriously goes beyond mere existence. It calls us to embody resilience, to strive for personal growth amidst adversity, and to inspire others by our actions. Embracing this philosophy can lead us to a life where we not only endure challenges but also thrive in spite of them, shining a light of hope and strength in a world that often seems dark.

# The Seven Last Words of Jesus on the Cross: A Reflection on Separation and Comfort

Text: Matthew 27:46, "And about the ninth hour Jesus cried with a loud voice, saying, **Eli, Eli, lama** sabachthani? that is to say, **My God, my God, why hast thou forsaken me?**"

In the Gospel of Matthew, we encounter one of the most poignant moments in the New Testament. Matthew 27:46 records, "About the ninth hour Jesus cried out with a loud voice, saying, 'Eli, Eli, lama sabachthani?' that is, 'My God, My God, why have You forsaken Me?" These words, uttered by Jesus during His crucifixion, resonate deeply with anyone who has experienced the pain of separation and the feeling of being forsaken by someone they love.

# The Agony of Separation

To understand the depth of Jesus' cry, we must first consider the human experience of separation. Being separated from a loved one can evoke a profound sense of loss and abandonment. Whether it is due to physical distance, emotional estrangement, or even death, the pain is often overwhelming. The feeling of being forsaken can lead to a sense of isolation and despair, as if the very foundation of one's life has been shaken.

In the context of Jesus' crucifixion, His cry of abandonment reflects not only His physical suffering but also a deep spiritual anguish. Jesus, who had always enjoyed perfect communion with the Father, experienced a moment of profound separation as He bore the sins of the world. This separation was necessary for the fulfillment of God's redemptive plan, but it was no less excruciating for Jesus.

#### The Comfort of Christ's Presence

While the experience of separation is universally painful, the Bible offers profound comfort through the promise of Christ's enduring presence. Hebrews 13:5 assures us, "For He Himself has said, 'I will never leave you nor forsake you." This promise is a source of immense comfort for believers, reminding us that no matter how isolated or abandoned we may feel, the Almighty God, through Jesus Christ, by the power of the Holy Spirit of God, is always with us.

The assurance of Christ's presence is rooted in His sacrificial love. It is written in two places of reference: John 15:13, "Greater love hath no man than this, that a man lay down his life for his friends" and John 3:16, "For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life." We must keep in close proximity the rendering of the love of God by understanding, "By enduring the ultimate separation on the cross, Jesus made it possible for us to be reconciled with God." Romans 8:38-39 beautifully encapsulates this truth: "For I am persuaded that neither death nor life, nor angels, nor principalities, nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord."

#### **Finding Comfort in Times of Separation**

When we face moments of separation and feel forsaken, we can find solace in several ways:

- 1. **Prayer and Communion with God:** Turning to God in prayer allows us to express our pain and seek His comfort. Psalm 34:18 reminds us, "The Lord is near to those who have a broken heart, and saves such as have a contrite spirit." In our moments of deepest sorrow, God draws near to us, offering His presence and peace.
- 2. **Scriptural Promises:** Meditating on the promises of Scripture can provide immense comfort. Verses like Isaiah 41:10, "Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand," remind us of God's unwavering support.
- 3. **Community and Fellowship:** Engaging with a community of believers can help alleviate feelings of isolation. Galatians 6:2 encourages us to "Bear one another's burdens, and so fulfill the law of Christ." Sharing our struggles with others and receiving their support can be a powerful source of comfort.
- 4. **Reflecting on Christ's Sacrifice:** Remembering the sacrifice of Jesus on the cross can deepen our appreciation of His love and commitment to us. John 15:13 states, "Greater love has no one than this, than to lay down one's life for his friends." Jesus' willingness to endure separation from the Father for our sake is a testament to His boundless love.

# The Spiritual Nugget From The Cross

The cry of Jesus on the cross, "My God, My God, why have You forsaken Me?" captures the profound agony of separation. Yet, it also points us to the incredible comfort available through Christ. While we may experience moments of feeling forsaken, we can take heart in the knowledge that Jesus understands our pain and promises never to leave us nor forsake us. By turning to Him in prayer, meditating on His promises, engaging with a supportive community, and reflecting on His sacrifice, we can find the comfort and strength to endure even the most challenging times of separation.

1.	What is the significance of Jesus' cry in Matthew 27:46?
2.	Why did Jesus feel forsaken by God?
3.	How does Matthew 27:46 connect to Psalm 22:1?

4.	What does Jesus' cry teach about His humanity?
5.	How can believers find comfort in Jesus' cry of forsakenness?
6.	What does Matthew 27:46 reveal about God's holiness?
7.	How does Jesus' cry reflect His role as Savior?
8.	What can Matthew 27:46 teach about faith during suffering?
9.	How does the theme of separation lead to the hope of restoration?
10.	What comfort does Matthew 27:46 offer to those feeling abandoned by God?
11.	Describe what it feels like to be separated from the one you love and ways to overcome this feeling?

# The Seven Last Words of Jesus on the Cross: The Importance of Forgiveness; Lessons from Jesus

Text: Luke 23:34, "Then said Jesus, **Father, forgive them; for they know not what they do.** And they parted his raiment, and cast lots.."

Forgiveness is a central theme in the teachings of Jesus Christ, and it is exemplified in His actions and words throughout the New Testament. One of the most poignant moments that highlight the importance of forgiveness is found in Luke 23:34, where Jesus, while suffering on the cross, says, "Father, forgive them, for they do not know what they are do." This statement encapsulates the essence of Jesus' teachings on forgiveness and serves as a powerful example for all of humanity.

# Forgiveness in the Teachings of Jesus

Jesus consistently emphasized the importance of forgiveness in His teachings. In the Sermon on the Mount, He taught His followers to pray, "Forgive us our debts, as we also have forgiven our debtors" (Matthew 6:12). This prayer underscores the reciprocal nature of forgiveness; as we seek forgiveness from God, we must also be willing to forgive others.

In Matthew 18:21-22, Peter asks Jesus how many times he should forgive someone who sins against him. Jesus responds, "I tell you, not seven times, but seventy-times seven." This response indicates that forgiveness should be limitless and unconditional, reflecting the boundless mercy of God.

#### The Example of Jesus on the Cross

The ultimate demonstration of forgiveness is seen in Jesus' crucifixion. Despite the immense physical and emotional agony He endured, Jesus' first thought was for the forgiveness of those who were causing His suffering. His plea to the Father, "forgive them, for they do not know what they are doing," reveals His deep compassion and understanding of human frailty.

This act of forgiveness is not just a moment of divine grace but a profound lesson for all believers. It teaches us that forgiveness is not contingent on the actions or repentance of others but is a reflection of our own relationship with God. By forgiving those who wrong us, we align ourselves with the heart of God and demonstrate His love to the world.

# The Transformative Power of Forgiveness

Forgiveness has the power to transform both the forgiver and the forgiven. When we forgive, we release ourselves from the burden of anger, resentment, and bitterness. This act of letting go brings peace and healing to our hearts. In Colossians 3:13, Paul writes, "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you." This scripture reminds us that our capacity to forgive is rooted in the forgiveness we have received from God.

Moreover, forgiveness can also transform the lives of those who are forgiven. It can lead to reconciliation, restoration of relationships, and a deeper understanding of God's grace. In John 8:1-11, Jesus forgives a woman

caught in adultery, saying, "Neither do I condemn you. Go now and leave your life of sin." His forgiveness not only spares her from punishment but also offers her a chance for a new beginning.

# Forgiveness in the Midst of Suffering

One of the most challenging aspects of forgiveness is extending it during times of personal suffering. Jesus' example on the cross shows us that it is possible to forgive even in the most difficult circumstances. His focus on others, even while enduring immense pain, highlights the selfless nature of true forgiveness.

In our own lives, we may face situations where we are deeply hurt or wronged. In these moments, it can be tempting to hold onto anger and seek retribution. However, Jesus' example calls us to rise above our pain and extend forgiveness. By doing so, we reflect the love and mercy of God, who forgives us despite our shortcomings.

# The Love of God and the Purity of Forgiveness

Forgiveness is intrinsically linked to the love of God. In 1 John 4:19, we read, "We love because he first loved us." Our ability to forgive stems from the love that God has poured into our hearts. When we love God wholly, His love flows through us, enabling us to forgive others.

The purity of forgiveness shines through from the cross to the sky, lifting us to a higher plane of spiritual maturity. It is a testament to the transformative power of God's love in our lives. As we forgive, we become conduits of His grace, bringing light and healing to a broken world.

# The Spiritual Nugget From The Cross

Jesus' teachings and actions underscore the importance of forgiveness. His plea for forgiveness on the cross serves as a powerful reminder that we are called to forgive others, even in the midst of our own suffering. By following His example, we demonstrate the love of God and experience the transformative power of forgiveness in our lives.

Forgiveness is not always easy, but it is a vital aspect of our faith. It requires us to let go of our grievances and trust in God's justice and mercy. As we are reminded during this season of sacrifice, may we take on the attribute of Jesus and forgive without remembrance of the act of degradation. May we have the heart of God and bring His undying love into the situations that we often deny. May we give life to forgiveness, as Jesus gave his life for us, and offer death as the answer to the unforgiving nature of life's unforgettable doings.

1.	What is the significance of Jesus asking for forgiveness for His persecutors in Luke 23:34?
2.	What does "for they know not what they do" mean?

3.	How does Jesus' act of forgiveness challenge believers?
4.	What does Luke 23:34 reveal about the relationship between forgiveness and love?
5.	How can practicing forgiveness lead to personal healing?
6.	What lessons can be drawn from Jesus' example of forgiveness?

# The Seven Last Words of Jesus on the Cross: Through Jesus Christ, We Have... Eternal Life

Text: Luke 23:43, "I tell you the truth, today you will be with me in paradise."

In the Gospel, according to Luke 23:43, we encounter one of the most profound and comforting statements made by Jesus during His crucifixion: "I tell you the truth, today you will be with me in paradise." This declaration, spoken to one of the criminals crucified alongside Him, shows the total picture of the essence of grace, forgiveness, and the promise of eternal life through Jesus Christ. Regardless of one's past actions, there is always victory in Jesus, and this passage serves as a powerful reminder of that truth.

To fully appreciate the significance of Jesus' words, it is essential to understand the context in which they were spoken. Jesus was crucified between two criminals, both of whom initially mocked Him. (Matthew 27:44). However, as time passed, one of the criminals experienced a change of heart. He rebuked the other criminal, acknowledging their guilt and Jesus' innocence: "We are punished justly, for we are getting what our deeds deserve. But this man has done nothing wrong." Luke 23:41.

In a moment of profound faith and humility, the repentant criminal turned to Jesus and said, "Jesus, remember me when you come into your kingdom." Luke 23:42. It was in response to this plea that Jesus uttered the words, "I tell you the truth, today you will be with me in paradise." Luke 23:43.

#### The Promise of Paradise

Jesus' promise to the repentant criminal is a testament to the boundless grace and mercy of God. Despite the man's past actions, which had led to his execution, Jesus assured him of a place in paradise. This assurance was not based on the man's deeds but on his faith and repentance. It underscores the fundamental Christian belief that salvation is a gift from God, not something that can be earned through human effort.

The Apostle Paul echoes this sentiment in his letter to the Ephesians: "For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast." Ephesians 2:8-9. The repentant criminal's story is a vivid illustration of this truth. His faith in Jesus, even in his final moments, was sufficient to secure his place in paradise.

#### **Victory Over Sin and Death**

The promise of paradise is not just about a future hope; it also signifies victory over sin and death. Through His death and resurrection, Jesus conquered the power of sin and death, offering eternal life to all who believe in Him. The Apostle Paul writes, "But thanks be to God! He gives us the victory through our Lord Jesus Christ." 1 Corinthians 15:57.

This victory is available to everyone, regardless of their past. The repentant criminal's story demonstrates that no one is beyond the reach of God's grace. As Paul writes in Romans, "For all have sinned and fall short of the glory of God, and all are justified freely by his grace through the redemption that came by Christ Jesus." Romans 3:23-24.

#### The Transformative Power of Faith

The repentant criminal's encounter with Jesus highlights the transformative power of faith. In his final moments, he recognized Jesus as the Messiah and placed his trust in Him. This act of faith changed his eternal destiny. It serves as a powerful reminder that it is never too late to turn to Jesus and receive His forgiveness and grace.

Jesus' words to the criminal also emphasize the immediacy of salvation. He did not say, "Someday you will be with me in paradise," but "today you will be with me in paradise." This immediacy underscores the urgency of faith and the readiness of Jesus to accept and forgive those who turn to Him.

# **Eternal Life Through Jesus Christ**

The promise of eternal life through Jesus Christ is a central theme of the New Testament. In the Gospel of John, Jesus declares, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die." John 11:25-26. This promise is not limited to a select few but is available to all who believe in Him.

The repentant criminal's story is a powerful illustration of this promise. Despite his past, he received the assurance of eternal life through his faith in Jesus. This assurance is available to everyone, regardless of their past actions. As Paul writes in Romans, "Therefore, there is now no condemnation for those who are in Christ Jesus." Romans 8:1.

# The Spiritual Nugget From The Cross

Jesus' words in Luke 23:43, "I tell you the truth, today you will be with me in paradise," offer profound hope, promising eternal victory and peace. This assurance of paradise signifies triumph over suffering, affirming faith's power to transcend earthly trials.

<ol> <li>How does Jesus' promise of "paradise" reflect eternal life?</li> <li>Why is Luke 23:43 significant for understanding grace?</li> </ol>	1.	What does Jesus' statement in Luke 23:43 reveal about salvation?
3. Why is Luke 23:43 significant for understanding grace?	2.	How does Jesus' promise of "paradise" reflect eternal life?
	3.	Why is Luke 23:43 significant for understanding grace?

<ul> <li>5. How does Luke 23:43 address the fear of death?</li> <li>6. What can believers learn from the repentant thief?</li> <li>7. How does Luke 23:43 highlight Jesus' authority over eternal life?</li> <li>8. What comfort does Luke 23:43 provide to those seeking forgiveness?</li> </ul>	4.	What does the timing of Jesus' promise teach us?
6. What can believers learn from the repentant thief?  7. How does Luke 23:43 highlight Jesus' authority over eternal life?		
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# The Seven Last Words of Jesus on the Cross: The Compassion of Jesus: A Testament of Unwavering Care

Text: John 19:26-27, "When Jesus therefore saw his mother, and the disciple standing by, whom he loved, he saith unto his mother, **Woman, behold thy son!** (27) Then saith he to the disciple, **Behold thy mother!** And from that hour that disciple took her unto his own home.

The life and teachings of Jesus Christ are a profound testament to His unwavering compassion and care for humanity. Even in the face of immense suffering, ridicule, and pain, Jesus consistently demonstrated His deep concern for the well-being of others. We shall explore various scriptures that highlight Jesus' care for His fellow man, with a particular focus on His words from the cross, including the poignant moment described in John 19:26-27.

# John 19:26-27: A Moment of Compassion

In John 19:26-27, we witness a powerful example of Jesus' compassion. As He hung on the cross, enduring excruciating pain, Jesus saw His mother, Mary, and the disciple whom He loved standing nearby. Despite His own suffering, Jesus addressed His mother, saying, "Woman, behold thy son!" and to the disciple, "Behold thy mother!" In this moment, Jesus ensured that His mother would be cared for after His death, entrusting her to the beloved disciple. This act of compassion underscores Jesus' concern for the emotional and physical well-being of His loved ones, even in His final moments.

#### Luke 23:34: Forgiveness in the Face of Persecution

Another profound example of Jesus' care for humanity is found in Luke 23:34. As He was being crucified, Jesus prayed for those who were persecuting Him, saying, "Father, forgive them; for they know not what they do." This prayer of forgiveness highlights Jesus' deep empathy and love for all people, even those who were causing Him immense pain. His willingness to forgive demonstrates His desire for reconciliation and peace, emphasizing that His care extends to everyone, regardless of their actions.

#### Luke 23:43: Assurance of Salvation

In Luke 23:43, Jesus offers words of comfort and assurance to one of the criminals crucified alongside Him. The criminal, recognizing Jesus' innocence and divinity, asked to be remembered when Jesus came into His kingdom. Jesus responded, "Verily I say unto thee, Today shalt thou be with me in paradise." Despite His own suffering, Jesus took the time to offer hope and salvation to a repentant sinner. This interaction illustrates Jesus' boundless compassion and His commitment to providing solace and redemption to those in need.

# John 19:28: Fulfilling Scripture and Expressing Humanity

In John 19:28, Jesus, knowing that all things were now accomplished, said, "I thirst." This statement not only fulfilled the prophecy found in Psalm 69:21 but also revealed Jesus' humanity. By expressing His physical need, Jesus connected with the human experience of suffering and pain. His willingness to endure such hardships for the sake of humanity underscores His deep care and empathy for all people.

# Matthew 27:46: The Depth of Jesus' Suffering

In Matthew 27:46, Jesus cried out with a loud voice, "Eli, Eli, lama sabachthani?" which means, "My God, my God, why hast thou forsaken me?" This expression of anguish reflects the depth of Jesus' suffering and His sense of abandonment. Yet, even in this moment of profound pain, Jesus' words echo Psalm 22, a psalm that ultimately ends in triumph and trust in God. By quoting this psalm, Jesus not only expressed His own suffering but also pointed to the hope and redemption that would come through His sacrifice.

# John 19:30: The Completion of His Mission

In John 19:30, Jesus declared, "It is finished," signifying the completion of His mission to redeem humanity. This statement reflects Jesus' unwavering commitment to fulfilling God's plan of salvation. Despite the immense physical and emotional pain He endured, Jesus remained focused on His purpose, demonstrating His profound care for humanity's eternal well-being.

#### Luke 23:46: Trust in the Father

Finally, in Luke 23:46, Jesus' last words were, "Father, into thy hands I commend my spirit." With this declaration, Jesus entrusted His spirit to God, expressing His complete trust in the Father. This act of faith serves as a powerful example for all believers, encouraging them to place their trust in God, even in the face of suffering and death. Jesus' unwavering faith and trust in God highlight His deep care for humanity, as He provided a model of faithfulness and surrender to God's will.

# The Spiritual Nugget From The Cross

The scriptures provide a compelling portrait of Jesus' unwavering compassion and care for humanity. From His words on the cross to His acts of forgiveness and assurance, Jesus consistently demonstrated His deep concern for the well-being of others, even in the midst of His own suffering. His actions and teachings serve as a powerful reminder of the boundless love and empathy that He has for all people, regardless of their circumstances. As believers, we are called to emulate the lifestyle of Jesus Christ. You may find it hard to follow the ways of Christ, but when you stop and look into truth, Philippians 4:13 says, "I can do all things through Christ which strengtheneth me."

1.	What does Jesus say to His mother and the disciple in John 19:26-27?
_ 2.	Why did Jesus entrust His mother to John?
3.	What does this act teach about Jesus' compassion?
_	

Why did Jesus refer to Mary as "Woman" instead of "Mother"?
What significance does this moment have for understanding Christian relationships?
How does this passage reflect Jesus' fulfillment of the law?
What lesson can believers draw from John's response to Jesus' instruction?

# The Seven Last Words of Jesus on the Cross: The Natural and Spiritual Thirst for the Cleansing Water of Christ

Text: John 19:28, "After this, Jesus knowing that all things were now accomplished, that the scripture might be fulfilled, saith, **I thirst**."

In the Gospel of John 19:28, we encounter a profound moment in the narrative of Jesus' crucifixion: "After this, Jesus, knowing that all things were now accomplished, that the scripture might be fulfilled, saith, I thirst." This simple yet powerful statement summarizes both the natural and spiritual dimensions of thirst, serving as a poignant reminder of our own needs and vulnerabilities and the ultimate fulfillment found in Christ.

# The Natural Thirst

Thirst is a fundamental human experience, a physical need that underscores our dependence on water for survival. Here, Jesus was answering the Messianic prophecy from Psalm 69:21: "They put gall in my food and gave me vinegar for my thirst." In John 19:28, Jesus' declaration of thirst is a stark reminder of His humanity. We might equate "thirsting" with Christ's call to "hunger and thirst after righteousness" (Matthew 5:6). Another possible connection would be to link this statement with Christ's invitation that all who are thirsty are invited to drink from the waters of life (Revelation 22:17). These interpretive scriptures are not necessarily wrong, yet, interesting to help set the stage for a communitive review. It is out of this place of physical exhaustion that Jesus declares his thirst. The hours spent in the sun, coupled with his physical pain, would have created mild, if not severe, dehydration. Jesus speaks of his own thirst out of a natural human need for sustenance and relief. On the cross, Jesus is physically thirsty. Despite being the Son of God, He experienced the same physical needs as any other person. This moment of vulnerability highlights the reality that even in our most trying times, it is okay to acknowledge our needs and seek help from others.

The Bible frequently uses water as a metaphor for life and sustenance. In the Old Testament, the Israelites' journey through the desert is marked by episodes of thirst and God's provision of water. For instance, in Exodus 17:6, God instructs Moses to strike the rock at Horeb, and water miraculously flows out to quench the people's thirst. This event not only addresses their physical need but also symbolizes God's continual provision and care.

# The Spiritual Thirst

Beyond the physical, there is a deeper, spiritual thirst that every human soul experiences—a longing for meaning, purpose, and connection with the divine. Jesus' statement, "I thirst," can also be understood as an expression of this deeper spiritual longing. Throughout His ministry, Jesus spoke of a different kind of water, one that satisfies the soul's deepest desires.

In John 4:13-14, Jesus tells the Samaritan woman at the well, "Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life." Here, Jesus contrasts the temporary satisfaction of physical water with the eternal fulfillment found in Him. This living water represents the Holy Spirit, who indwells believers and continually refreshes and sustains them.

# **Vulnerability and Sharing Our Needs**

Jesus' expression of thirst on the cross also teaches us about the importance of vulnerability. In our most difficult moments, it is natural to feel isolated and reluctant to share our struggles with others. However, Jesus' example shows us that it is not only acceptable but also necessary to express our needs and seek support.

The Apostle Paul echoes this sentiment in Galatians 6:2, where he writes, "Carry each other's burdens, and in this way you will fulfill the law of Christ." By sharing our struggles and allowing others to support us, we create a community of care and compassion, reflecting the love of Christ.

# **Thriving Through Christ**

Despite the challenges and mistreatment we may face, the cleansing water of Christ empowers us to thrive in any situation. Jesus' life and ministry were marked by opposition, suffering, and ultimately, crucifixion. Yet, through His death and resurrection, He demonstrated that victory and abundant life are possible even in the face of the greatest adversity.

In John 7:37-38, Jesus proclaims, "Let anyone who is thirsty come to me and drink. Whoever believes in me, as Scripture has said, rivers of living water will flow from within them." This promise assures us that through faith in Christ, we receive the Holy Spirit, who empowers us to overcome difficulties and live a life of purpose and joy.

The Apostle Paul, who faced numerous trials and persecutions, also testified to the sustaining power of Christ. In Philippians 4:12-13, he writes, "I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength." Paul's words remind us that our ability to thrive is not dependent on our circumstances but on the strength we receive from Christ.

# The Spiritual Nugget From The Cross

The natural and spiritual thirst for the cleansing water of Christ is a profound aspect of the human experience. Jesus' declaration of thirst on the cross serves as a powerful reminder of His humanity and His willingness to share in our vulnerabilities. It also points to the deeper spiritual thirst that only He can satisfy.

In our own lives, we are encouraged to acknowledge our needs and seek support from others, creating a community of care and compassion. Through faith in Christ, we receive the living water of the Holy Spirit, who empowers us to thrive regardless of the challenges we face.

As we reflect on Jesus' words, "I thirst" we must continue to have a thirst for His word and then all of our needs will be met.

l.	What does John 19:28 say, and why is it significant?	

How does Jesus' expression of physical thirst emphasize His humanity?
In what ways can "thirst" be interpreted as a metaphor for spiritual longing?
In what ways can you share the Gospel of Jesus Christ (as a person who gives water to the thirsty)?
How does this verse connect with other biblical references to water as cleansing and life-giving?
What Old Testament prophecy does Jesus' thirst fulfill?
How does recognizing Jesus' physical thirst deepen our understanding of His sacrifice?
What parallels can we draw between Jesus' physical thirst and our own spiritual needs?
How does this moment on the cross speak to the natural human experience?
). What is the spiritual significance of calling Jesus "the cleansing water" of our souls?
. How does this verse invite believers to examine their own spiritual thirst?
2. What overall message does John 19:28 convey about the nature of our needs and the solution found in Christ

# The Seven Last Words of Jesus on the Cross: The Ultimate Compassion

Text: John 19:30, "When Jesus therefore had received the vinegar, he said, **It is finished**: and he bowed his head, and gave up the ghost."

In the Gospel of John 19: 30, we encounter one of the most profound moments in the Christian narrative of the cross: "When Jesus therefore had received the vinegar, he said, It is finished: and he bowed his head, and gave up the ghost." This declaration, "It is finished," is the culmination of Jesus' earthly mission and his ultimate act of compassion—bearing the sins and griefs of all mankind.

To fully grasp the significance of this moment, we must first understand the context in which Jesus spoke these words. The crucifixion was the climax of Jesus' ministry, a ministry characterized by healing, teaching, and demonstrating God's love. Throughout his life, Jesus fulfilled numerous prophecies, including those found in Isaiah 53:4-5, which foretold the suffering servant who would bear our griefs and carry our sorrows. "Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted. But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed."

When Jesus declared, "It is finished," he was not merely announcing the end of his physical suffering. He was proclaiming the completion of his redemptive work. The Greek word translated as "finished" is "tetelestai," which means "paid in full." This term was commonly used in commerce to indicate that a debt had been fully paid. By using this word, Jesus signified that the debt of sin owed by humanity had been completely satisfied through his sacrifice.

This act of ultimate compassion is further illuminated in Hebrews 9:26, which states, "But now once in the end of the world hath he appeared to put away sin by the sacrifice of himself." Jesus' death was not an ordinary death; it was a sacrificial act that provided a means for reconciliation between God and humanity. Through his suffering and death, Jesus took upon himself the punishment that we deserved, offering us the gift of eternal life.

We must understand that Jesus' declaration, "It is finished," signifies the fulfillment of God's plan of salvation. From the moment sin entered the world through Adam and Eve, God set in motion a plan to redeem humanity. This plan is woven throughout the Old Testament, with numerous prophecies pointing to the coming Messiah. In Genesis 3:15, God promised a Savior who would crush the serpent's head, and in Isaiah 7:14, the prophet foretold the virgin birth of Immanuel, "God with us." Jesus' life, death, and resurrection fulfilled these and many other prophecies, demonstrating God's faithfulness to his promises.

The compassion of Jesus is also evident in his willingness to endure the cross for our sake. In Philippians 2:8, we read, "And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross." Jesus' obedience to the Father's will, even to the point of death, reveals the depth of his love for us. He willingly laid down his life so that we might be reconciled to God.

Today, believe through faith and open your mouth and declare the words of Jesus over the issues of your life: sickness, poverty, governmental malfeasance, matters of mental health, family crises, church infusion with culture and denying the totality of the spirit of the Almighty God... shout from the rooftops of your places of defeat - "it is finished!" No more will you be held hostage by the conundrums of life, but you will win. It is written, Romans 10:13, "For whosoever shall call upon the name of the Lord shall be saved."

# The Spiritual Nugget From The Cross

The Word of God, according to John 19:30 captures the essence of Jesus' mission and the ultimate expression of his compassion. By declaring, "It is finished," Jesus announced the completion of his redemptive work, the fulfillment of God's plan of salvation, and the payment of the debt of sin. His sacrificial death on the cross bore the sins and griefs of all mankind, offering us the hope of eternal life. As we reflect on this profound moment, let us be reminded of the immeasurable love and compassion of our Savior, who gave his life so that we might live to have the work finished in our lives.

O	uestions:
¥	acoutons.

1.	How does Jesus' declaration, "It is finished," embody the ultimate compassion?
2.	What is the significance of Jesus accepting the sour wine before declaring "It is finished"?
3.	In what way does "It is finished" serve as a triumphant statement about divine love?
<b>1</b> .	How can believers draw comfort from this verse in their personal struggles and experiences of pain?

# The Seven Last Words of Jesus on the Cross: The Ultimate Commitment, Mind, Body and Soul

Text: Luke 23:46, "And when Jesus had cried with a loud voice, he said, **Father, into thy hands I commend** my spirit: and having said thus, he gave up the ghost."

Exploring the profound meaning of Luke 23:46 and its implications for our spiritual lives. Our goal is to capture the essence of this scripture and its relevance to committing ourselves to Jesus Christ.

#### Luke 23:46 - A Profound Act of Trust and Surrender

In Luke 23:46, we witness one of the most interesting moments in the New Testament: "And when Jesus had cried with a loud voice, he said, 'Father, into thy hands I commend my spirit.' And having said thus, he gave up the ghost." This verse shows us the ultimate act of trust and surrender to God. Yes, give everything away and trust God. Jesus, in His final moments, entrusts His spirit to the Father, demonstrating complete faith and submission.

# The Significance of Jesus' Words

Jesus' declaration, "Father, into thy hands I commend my spirit," is a powerful expression of His unwavering trust in God. It echoes Psalm 31:5, where David says, "Into your hands I commit my spirit; deliver me, Lord, my faithful God." By referencing this Psalm, Jesus not only fulfills scripture but also models the perfect response to suffering and death: absolute trust in God's sovereignty.

# **Committing Ourselves to Christ**

When we commit our mind, body, and soul to the works of Jesus Christ, we follow His example of surrender and trust. This commitment involves several key aspects:

**Mind:** Romans 12:2 encourages us to "be transformed by the renewing of your mind." By aligning our thoughts with Christ's teachings, we gain clarity, wisdom, and peace.

**Body:** 1 Corinthians 6:19-20 reminds us that our bodies are temples of the Holy Spirit. Honoring God with our physical selves means living in a way that reflects His love and holiness.

**Soul**: Matthew 22:37 commands us to "love the Lord your God with all your heart and with all your soul and with all your mind." This holistic devotion leads to spiritual fulfillment and rest.

# **Finding Rest in Christ**

Jesus promises rest to those who come to Him. In Matthew 11:28-30, He says, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." This invitation assures us that true rest is found in surrendering to Christ.

# **Total Rest in Every Space of Our Lives**

When we commit ourselves to Jesus, we experience rest in various dimensions:

**Spiritual Rest**: By trusting in Jesus' sacrifice and resurrection, we are freed from the burden of sin and guilt. Romans 8:1 declares, "Therefore, there is now no condemnation for those who are in Christ Jesus."

**Emotional Rest**: Philippians 4:6-7 advises us to present our requests to God with thanksgiving, promising that "the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

**Physical Rest:** Psalm 127:2 teaches that God grants sleep to those He loves, emphasizing that our physical well-being is also under His care.

**Relational Rest**: Ephesians 4:32 encourages us to "be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Healthy relationships are nurtured through Christ-like love and forgiveness.

In the midst of life's challenges, relying totally on God can provide immense comfort and strength. Luke 23:46 illustrates this beautifully: "And when Jesus had cried with a loud voice, he said, 'Father, into thy hands I commend my spirit': and having said thus, he gave up the ghost." This verse shows Jesus' ultimate trust in God, even in His final moments. To rely on God, we must cultivate a deep, personal relationship with Him through prayer, scripture, and faith. Trusting God means surrendering our worries and believing that He has a plan for us, even when we cannot see it.

# The Spiritual Nugget From The Cross

Luke 23:46 is a testament to Jesus' trust in God, even in His final moments. By committing our mind, body, and soul to Jesus Christ, we follow His example and find rest in every aspect of our lives. This holistic surrender leads to spiritual, emotional, physical, and relational peace, fulfilling Jesus' promise of rest for our souls.

#### At The Cross

By reflecting on these questions and embracing the example set by Jesus, we can find peace and assurance in God's unwavering presence and love.

1.	What does Jesus' declaration in Luke 23:46 reveal about His complete surrender?
2.	How does this verse emphasize the unity of Jesus' physical and spiritual identity?

3.	In what way is Luke 23:46 a testament to overcoming fear through faith?		
4.	What lessons can believers draw from Jesus' ultimate commitment for their own lives?		
5.	How does Luke 23:46 connect with the broader biblical theme of submission and faith?		
6.	How can I deepen my relationship with God through daily practice?		
7.	What specific scriptures can I meditate on to strengthen my faith during tough times?		
8.	How can I remind myself to surrender my worries to God regularly?		
9.	In what ways can I see God's hand in my past challenges and victories?		
10.	How can I support others in their faith journey while strengthening my own reliance on God?		

# BECAUSE OF THE SACRIFICE OF JESUS, WE ARE: HEALED, DELIVERED AND SET FREE.

You'll find suggested answers for each question in this unit of study. Feel free to use these answers as a helpful guide. I encourage you to dive deep into each lesson, explore the intricate details of the text, and let the Spirit of the Lord guide you into all truth and strength, bringing even more grace into your journey.

# The Seven Last Words of Jesus on the Cross: A Reflection on Separation and Comfort

Text: Matthew 27:46, "And about the ninth hour Jesus cried with a loud voice, saying, **Eli, Eli, lama** sabachthani? that is to say, **My God, my God, why hast thou forsaken me?**"

- 1. Jesus' cry reflects the immense spiritual agony of bearing the sins of humanity, as He experienced a profound sense of separation from God.
- 2. Jesus took upon Himself the sin of the world, and in that moment, He faced the consequences of sin—separation from God—which humanity deserved.
- 3. Jesus' cry echoes the opening verse of Psalm 22, fulfilling prophetic scripture and expressing His deep anguish while affirming God's sovereignty.
- 4. This verse reveals Jesus' fully human experience, emphasizing that He felt pain, abandonment, and emotional despair, just like any person might.
- 5. Jesus' suffering reminds believers that He understands their struggles, having endured the depths of pain and separation Himself.
- 6. It highlights the gravity of sin, as even Jesus, bearing sin, experienced separation from the holy and perfect God.
- 7. It underscores Jesus' ultimate sacrifice—enduring separation from God—so that humanity could be reconciled to Him.
- 8. Despite feelings of abandonment, Jesus still addresses God as "My God," showing unwavering faith in the midst of suffering.
- 9. Jesus' temporary separation from God paved the way for eternal restoration, as His sacrifice brought forgiveness and reconciliation for believers.

- 10. It assures them that Jesus understands their pain, and His sacrifice proves that God's love and presence remain steadfast, even in moments of deep sorrow.
- 11. Answers may vary

# The Seven Last Words of Jesus on the Cross: The Importance of Forgiveness; Lessons from Jesus

Text: Luke 23:34, "Then said Jesus, **Father, forgive them; for they know not what they do.** And they parted his raiment, and cast lots.."

- 1. Jesus' prayer demonstrates His divine mercy and love, showing that forgiveness is central to God's nature and mission, even towards those who harm us.
- 2. It reflects Jesus' understanding of human ignorance, recognizing that His persecutors did not fully grasp the gravity of their actions or the identity of the One they were crucifying.
- 3. It sets a powerful example for believers to follow, calling them to forgive even in the most difficult and unjust situations.
- 4. This verse illustrates that forgiveness flows from deep, unconditional love—a love that seeks the well-being of others, even at great personal cost.
- 5. Forgiveness frees individuals from the burden of resentment and bitterness, promoting emotional and spiritual healing while fostering peace and reconciliation.
- 6. Jesus teaches that forgiveness is not about excusing wrongdoing but about reflecting God's grace, breaking cycles of hatred, and bringing hope to a broken world.

# The Seven Last Words of Jesus on the Cross: Through Jesus Christ, We Have... Eternal Life

Text: Luke 23:43, "I tell you the truth, today you will be with me in paradise."

- 1. It shows that salvation is available to all who truly repent and trust in Christ, regardless of their past.
- 2. "Paradise" signifies the joy, peace, and eternal communion with God that believers will experience after death.
- 3. It emphasizes that grace, not works, is the basis of salvation—Jesus granted eternal life to the thief without any conditions.
- 4. Jesus said "today," affirming the immediacy of eternal life for those who put their faith in Him.
- 5. Jesus' assurance of paradise offers comfort and hope, showing that death is not an end but a transition into eternal life.
- 6. His humble acknowledgment of sin and faith in Jesus demonstrates the importance of repentance and trust in Christ.
- 7. Jesus speaks with certainty, underscoring His divine authority to grant eternal life to those who believe in Him.
- 8. It reassures that no matter how far one has strayed, Jesus is ready to forgive and offer the promise of eternal life.

# The Seven Last Words of Jesus on the Cross: The Compassion of Jesus: A Testament of Unwavering Care

Text: John 19:26-27, "When Jesus therefore saw his mother, and the disciple standing by, whom he loved, he saith unto his mother, **Woman**, **behold thy son!** (27) Then saith he to the disciple, **Behold thy mother!** And from that hour that disciple took her unto his own home.

- 1. Jesus says to His mother, "Woman, behold, your son!" and to the disciple, "Behold, your mother!" This signifies the establishment of a new familial bond between them.
- 2. Jesus demonstrated His care and love by ensuring His mother would be looked after after His death. He chose John because of John's faithfulness and close relationship with Him.
- 3. Even in the midst of His own suffering, Jesus prioritized the needs of others, showing selfless love and compassion.
- 4. The term "Woman" is respectful and signifies a transition in their relationship, as Jesus completed His earthly mission and prepared for His role as Savior.
- 5. It shows that spiritual bonds can create family-like relationships among believers, emphasizing care and responsibility for one another.
- 6. By caring for His mother, Jesus fulfilled the commandment to honor one's parents, even in His final moments.
- 7. John's immediate obedience in taking Mary into his home demonstrates the importance of responding to Jesus' call with faith and action.

# The Seven Last Words of Jesus on the Cross: The Natural and Spiritual Thirst for the Cleansing Water of Christ

Text: John 19:28, "After this, Jesus knowing that all things were now accomplished, that the scripture might be fulfilled, saith, **I thirst**."

- 1. John 19:28 records Jesus saying, "I thirst." On the surface, this statement reveals His human need for physical water after suffering on the cross. Spiritually, it symbolizes the deep longing within every soul for cleansing, renewal, and connection with God—the living water that only Christ can offer.
- 2. Jesus' declaration, "I thirst," shows that He experienced real physical pain and deprivation. This honest expression of human need connects Him with every human being, demonstrating that even the incarnate Son of God is not exempt from the natural sufferings of life. It's a reminder that His sacrifice was fully grounded in the human experience.
- 3. Beyond its literal meaning, "thirst" symbolizes the inner hunger for divine grace, truth, and the healing power of God. Just as a parched body craves water, every human soul yearns for a connection to the eternal and pure source of life—a connection that Jesus offers through His sacrifice and the promise of "living water."
- 4. Scripture often uses water as a metaphor for purification and spiritual renewal. For example, in John 4, Jesus speaks of the living water that quenches eternal thirst, and in Revelation, the promise of water from the spring of life symbolizes eternal sustenance. John 19:28 bridges the physical need for water with this spiritual symbolism, reinforcing the idea that true satisfaction comes from God alone.
- 5. Jesus' expression of thirst fulfills the prophetic imagery found in passages like Psalm 22:14-18 and Psalm 69:21, where the suffering servant's anguish is depicted in terms of physical deprivation and mockery. By saying "I thirst," Jesus not only fulfills prophecy but also demonstrates that His suffering was part of a divinely orchestrated plan for redemption.
- 6. Acknowledging His physical need—His very human condition—reminds us of the profound cost of salvation. Jesus' willingness to endure every form of suffering, including the basic need for water, highlights the totality of His sacrifice. It serves as a powerful testament to the lengths He would go to bridge the gap between a holy God and a fallen humanity.

- 7. Just as Jesus experienced physical thirst, we all experience a form of spiritual thirst—a longing for meaning, peace, and connection with the divine. This parallel invites believers to recognize that while physical needs are temporary and can be met with material means, the deepest hunger in our souls is quenched only through a personal relationship with Jesus Christ and His offering of living water.
- 8. Jesus' declaration touches upon a universal aspect of human existence: the need for basic sustenance. This natural need is emblematic of the broader human condition, where physical and emotional deprivation remind us of our vulnerability. In His moment of need, Jesus identifies with every human being's struggle to find relief and restoration.
- 9. In Christian symbolism, water represents purification and rebirth. By referring to Christ as the source of cleansing water, believers are reminded that He washes away sin and guilt, providing a new beginning. This cleansing is not simply a physical act but a profound spiritual renewal that restores the soul and establishes an eternal connection with God.
- 10. Jesus' honest expression of thirst challenges believers to reflect on where they seek fulfillment. It prompts introspection: Are we trying to quench our deeper needs with temporary worldly substitutes, or are we turning to Christ—our true source of living water—to satisfy our innermost longings for purpose, forgiveness, and eternal life?
- 11. John 19:28 shares a dual reality of human existence—we have both physical needs and deeper spiritual desires. Jesus' acknowledgment of His thirst reveals that our Creator fully understands our condition. The verse offers a powerful message: while our physical thirst can be met with earthly water, only Jesus can quench the eternal spiritual thirst through grace, forgiveness, and the promise of everlasting life.

# The Seven Last Words of Jesus on the Cross: The Ultimate Compassion

Text: John 19:30, "When Jesus therefore had received the vinegar, he said, **It is finished**: and he bowed his head, and gave up the ghost."

- 1. Jesus' proclamation signals the completion of His redemptive mission—a mission centered on boundless love. In that moment, His suffering reached its purpose: to pay the full price for humanity's sins. This ultimate act of compassion assures believers that His love surpasses every limitation, offering complete reconciliation with God.
- 2. By receiving the sour wine, Jesus not only completed the physical aspects of His torment but also embraced the foreshadowed fulfillment of prophecy. This act underscores His readiness to submit fully to divine will, showcasing a compassion that endures even extreme suffering. It reminds us that true care for humanity sometimes requires embracing profound personal sacrifice.
- 3. Though spoken at the moment of death, "It is finished" is a triumph—marking the successful accomplishment of God's salvific plan. It reflects that every hardship, every drop of blood shed was part of a loving design to bridge the chasm between the holy and the broken. This declaration empowers believers with the hope that divine compassion has overcome every obstacle, including sin and death.
- 4. Believers find solace knowing that Jesus not only understands human pain—having experienced it Himself—but also has conquered it through His sacrificial love. "It is finished" assures us that our struggles are, in the grand design, acknowledged and redeemed. This compassionate act offers a profound invitation: to trust in a Savior who transforms suffering into a pathway toward eternal renewal.

# The Seven Last Words of Jesus on the Cross: The Ultimate Commitment, Mind, Body and Soul

Text: Luke 23:46, "And when Jesus had cried with a loud voice, he said, **Father, into thy hands I commend** my spirit: and having said thus, he gave up the ghost."

#### **Answers:**

- 1. In His final moments, Jesus demonstrates absolute trust in His Father by entrusting His entire being—mind, body, and soul—to God's care. This act of surrendering signifies that even in the face of death, Jesus remained wholly committed to fulfilling divine will. His words remind us that true commitment involves trusting God completely, regardless of earthly circumstances.
- 2. Jesus' statement unites the physical act of relinquishing life with the spiritual act of trusting in God's ultimate plan. By committing His spirit, He bridges the gap between His mortal existence and His divine mission. This unity underscores that His sacrifice was not just a moment of physical death but a deliberate, all-encompassing dedication of His inner life to redeem humanity.
- 3. At the brink of death, Jesus' fearless proclamation reflects the power of unwavering faith. Rather than yielding to the terror of the unknown, He chooses to embrace God's hands with complete confidence. This remarkable example teaches believers that surrendering one's entire self to God is not an act of defeat, but a courageous declaration of faith that transcends the fear of physical separation.
- 4. Jesus' final words serve as a profound invitation for believers to commit their whole lives—mind, body, and soul—to God. They encourage us to let go of personal control and to trust that even in moments of deepest vulnerability, God's plan holds promise and purpose. Emulating this commitment means living with integrity, surrendering uncertainties, and allowing divine guidance to shape our actions and decisions.
- 5. Throughout Scripture, the call to submit to God's will is a recurring theme that defines the faithful life. Luke 23:46 encapsulates this by demonstrating that surrender is the highest act of strength and trust. Jesus' complete self-offering, even in death, models the ultimate expression of obedience and love. His words invite believers to align every aspect of their lives with God's purpose, thereby finding true freedom in complete surrender.

These reflections highlight the profound nature of Jesus' commitment—a perfect blend of physical sacrifice and spiritual trust. They challenge us to consider how our own lives might reflect that unwavering surrender and deep faith. Would you like to explore further how these insights might inspire personal growth or connect with other biblical themes of trust and redemption?



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